

Conflict Styles Assessment

Answer key:

Use this matrix to tally your answers based on the answer key below. Total your score for each conflict management style to determine which conflict management styles you use most frequently.

Question #	Competer	Problem Solver	Compromiser	Avoider	Accommodator
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
24 25					
26					
27					
28					
29					
30					
Total					