


2020 HOURS OF SERVICE CHANGES TRAINING CHECKLIST

Introduction Module	
<input type="checkbox"/>	Save an electronic copy or print out this training checklist so that you can track your progress through the training
<input type="checkbox"/>	Watch Training Guide Video titled “ 2020 HOS Changes Training Guide Video – Watch This First ”
<input type="checkbox"/>	Verify eRODS is installed on your computer. If not, the basic installer is available with this training titled “ eRODS Installer ”. It will be updated in a later step. 
<input type="checkbox"/>	Watch the “ eRODS Introduction ” video if it has been a while since you have used the program. Further refresher training on eRODS can be accessed through the FMCSA website. https://eld.fmcsa.dot.gov/Enforcement/Resources
<input type="checkbox"/>	Ensure your FMCSA Portal credentials are valid and are working (should be able to log into the Web Service in eRODS) – If not, use the “ FMCSA Portal Access Request Instructions Form ” to gain or regain access.
<input type="checkbox"/>	Verify you have the most current version of eRODS installed on your computer (this is checked when you log into the Web Service) – <i>Version 1.6.16.0 – Date 9/30/2020</i>
<input type="checkbox"/>	Watch the HOS Changes Prelearning Presentation (if you have not done so yet) https://csa.fmcsa.dot.gov/YourRole/FMCSA/downloadFile.axd/HOS-Changes-eLearning.zip/story.html
<input type="checkbox"/>	Download the “ New HOS Training Introduction Notes ” PDF which accompanies the video presentation.
<input type="checkbox"/>	Watch the “ New HOS Training Introduction ” presentation to get an overview of the course. <i>*Note: Make sure you choose a time when you will not be distracted and can watch closely (it’s a good idea to download the presentation notes guide too) as there will be test questions on the content of this presentation at the conclusion of all modules.</i>
<input type="checkbox"/>	Review the “ Resources and Helpful Links ” document so you are aware of additional resources available to help you understand all of the hours of service rules better. There is a lot of stuff, so download to your computer that way you can use it and click on the links later.
<input type="checkbox"/>	Review the “ MCSAP Trooper List ” and locate the information for your local expert if you don’t have it already. Trooper Name: _____ Mobile #: _____ Email: _____@state.co.us
<input type="checkbox"/>	Save any additional documents and job aides you find useful for conducting effective CMV inspections.

Module 1 – Understanding the Short Haul Exception

- ☐ Download the “**Module 1 – Understanding the Short Haul Exception Notes**” PDF which accompanies the video presentation.
- ☐ Watch “**Module 1 – Understanding the Short Haul Exception**” video presentation

Module 2 – Understanding the Adverse Driving Conditions Exception

- ☐ Download the “**Module 2 – Understanding the Adverse Driving Conditions Exception Notes**” PDF which accompanies the video presentation.
- ☐ Watch “**Module 2 – Understanding the Adverse Driving Conditions Exception**” video presentation

Module 3 – Understanding the 30 Minute Rest Break

- ☐ Download the “**Module 3 – Understanding the 30 Minute Rest Break Notes**” PDF which accompanies the video presentation.
- ☐ Watch “**Module 3 – Understanding the 30 Minute Rest Break**” video presentation

Module 4 – Understanding the Sleeper Berth Exception

- ☐ Download the “**Module 4 – Understanding the Sleeper Berth Exception Notes**” PDF which accompanies the video presentation.
- ☐ Watch “**Module 4 – Understanding the Sleeper Berth Exception**” video presentation

Module 5 – ELD Work Project Practice

- ☐ Watch “**Module 5 – How to Complete the ELD Work Project Practice**” video presentation
- ☐ Download and/or print out the “**Work Project Violation Sheets**” PDF document (2 pages)
- ☐ Work through the two ELD Logs (HOS WP 1 and HOS WP 2) being careful to record all violations on the correlating sheets as appropriate. You will be asked questions about the violations on the final test and will want these two sheets available.

Final Knowledge Test

- ☐ Complete the final knowledge test. This test covers all the information covered in the training. The questions will also include inquiries about violations discovered in the two ELD Logs which were reviewed in Module 5.
- ☐ If you have problems completing the test, questions about the content which was covered or need additional help with the new changes, you are encouraged to contact your local MCSAP Trooper whom you identified at the beginning of this training. The purpose of this training is for every inspector to become comfortable with these changes as well as get some practice using the eRODS program and FMCSA Web Service.