

2020 HOS Changes

Training Guide Video

Watch This First!



U.S. Department of Transportation
Federal Motor Carrier Safety Administration

Important – Before you begin this module

1. There is a lot of information and things to do with this training.
2. Normally we would do this in-person, but with the pandemic, this is what we have.
3. Use the “2020 Hours of Service Changes Training Checklist” to make sure everything gets done in order.
4. Take your time, learn this stuff.
5. Don’t hesitate to call your local Motor Carrier Trooper specialist for help. This is important. We have included a list for a reason.

eRODS – You Have To Use It. | You have to keep it updated

Portal Credentials – You have to have them | Keep them Updated



eRODS



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eRODS Installer



FMCSA Portal Access Request
Instructions Form

https://portal.fmcsa.dot.gov/login

Login to Access the FMCSA Portal

User ID:

Password:

[Forgot your Password?](#) [Forgot your User ID?](#) [Unlock your Account?](#)

To register for a portal account, please click [here](#).

To access portal training, please click [here](#).



If you're not comfortable with eRODS...

Watch the “**eRODS Introduction**” video if it has been a while since you have used the program. It is included in the materials with this course.

Further refresher training on eRODS can be accessed through the FMCSA website. <https://eld.fmcsa.dot.gov/Enforcement/Resources>

If you haven't reviewed “Part 1” of the HOS training yet...

Watch the **HOS Changes Prelearning Presentation**

<https://csa.fmcsa.dot.gov/YourRole/FMCSA/downloadFile.axd/HOS-Changes-eLearning.zip/story.html>

Look at the Resources and Helpful Links Document

You may need the resources now or later.

Review the MCSAP Trooper List

Find the trooper for your area and put their contact information in your phone. They are there to help you with this stuff. The website link is on the page as well. You can bookmark it.

What's Next:

1. Complete the introduction training – “New HOS Training Introduction” presentation.
2. Download and Save or Printout the “Training Checklist” document to track your progress (if you haven't already – I'm serious, it'll help).
3. View the MCSAP Officer Contact list and get the information for the specialist in your area in case you need additional training or help.